Beverly Sweath Art Gallery & Classroom

Face Mask Pattern & Instructions

Wash your hands before sewing. Use quilters cotton fabric or high thread count sheet fabric. Be sure to wash mask after each use, preferably by hand.

Disclaimer: Cloth masks like these only provide *some* protection, and are not 100% protective against Covid-19.

- 1. Cut 2 of fabric and 2 of lining. Cut 2 pieces of elastic 6 $\frac{1}{2}$ 7 inches long. The pattern allows $\frac{1}{4}$ inch seam allowances. (I used my serger to start.)
- 2. Sew the center seams of the two fabric pieces with right sides together, then do the same with the lining pieces.
- 3. Place the fabric and lining right sides together and sew the top and bottom edges.
- 4. Turn right side out.
- 5. Fold the side edges of both the front and back to the inside and pin elastic ends at the corners to make ear loops on each side.
- 6. Sew all around the outside catching the elastic in the corners. (I used a zigzag stitch down the sides to catch the elastic and backstitched to reinforce the corners.) Topstitch the top and bottom long edges.

Additional Notes: If you don't have elastic you can sew folded bias tape on the sides, making long extensions to tie around the back of your head. You can also add a nose clip using a 2" X 2.5" folded piece of quilt bat or heavy soft fabric, and a plastic-coated paper clip. Open the paper clip at the middle and soften the bend, place it inside the fold and sew around the open edge leaving a small opening to change the clip OR insert the clip after sewing.

